

**GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA**

STARRED QUESTION NO:568

ANSWERED ON:15.05.2007

INTRODUCTION OF YOGA AS COMPULSORY SUBJECT

Chaudhary Shri Pankaj;Yerrannaidu Shri Kinjarapu

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) Whether Government proposes to make yoga a compulsory subject in all the schools;
- (b) if so, the details thereof; and
- (c) the time by which the final decision is likely to be taken in this regard?

Answer

MINISTER OF THE STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (SHRI ARJUN SINGH)

(a) to (c): A statement is laid on the Table of the Sabha.

STATEMENT REFERRED TO IN REPLY TO PARTS (a) TO (c) OF THE LOK SABHA STARRED QUESTION NO. 568 FOR ANSWER ON 15.5.2007 ASKED BY SHRI PANKAJ CHOWDHARY AND SHRI KINJARAPU YERRANNAIDU REGARDING INTRODUCTION OF YOGA AS COMPULSORY SUBJECT IN SCHOOLS.

(a) to (c) : Yoga is one of the core components of Health and Physical education that has been a Compulsory Subject upto the secondary school stage in the Central Board Of Secondary Education curriculum since 1988. The National Curriculum Framework, 1988 developed as follow up of the National Policy on Education, 1986 continued Health and Physical Education as a separate and compulsory subject at primary, upper primary and secondary stages and included yoga in it. The National Curriculum Framework 2005 has reconceptualised the curricular area of Health and physical Education and has proposed introduction of Yoga from the primary level onwards in informal ways. Yoga is treated as an integral component of the Health and Physical Education Curriculum from class VI to class X.